

Dear relay team,

we are glad that you have chosen to start at the relay marathon. Herewith you receive your registration confirmation and some important information concerning the race.

We have registered your relay team as written down on the lefthand-side. Please check if your entry is correct! If there is any mistake, please correct it through your user account or contact us:

E-Mail: registration@frankfurt-marathon.com

Fon: +49 (0)69 3 70 04 68 - 0 Fax: +49 (0)69 3 70 04 68 - 11

You will receive the race numbers of your relay team by showing this document or by stating your start number and showing your ID! You can also authorize another person to collect the race numbers of your relay team. The collecting person for this either needs your registration con-firmation or a declaration of consent from you, which must be submitted accompanied by a copy of your ID.

Event information

The Mainova Frankfurt Marathon is the marathon of the short ways! The marathon centre is situated on the grounds of the Trade Fair Frankfurt (Messe Frankfurt). This is the main location where you find the registration venue and the race number pick up, Fattoria La Vialla – Toscana Pasta Party, the marathon expo Marathonmall, clothes disposal, finish area and the award ceremony. Our official marathon hotel (Mövenpick Hotel Frankfurt City) is only 50m away.

Race number pick up

Friday, October 27th 2017 12 noon to 7pm Saturday, October 28th 2017 10am to 7pm Sunday, October 29th 2017 7am to 9:30am Trade Fair (Messe Frankfurt), hall 1, level 2

Sporting goods fair Marathonmall

Friday, October 27th 2017 12 noon to 7pm Saturday, October 28th 2017 10am to 7pm Sunday, October 29th 2017 7am to 5pm Trade Fair (Messe Frankfurt), hall 1, level 2 You can purchase the official Mainova Frankfurt Marathon collection at our merchandising booth, next to the ASICS booth. We offer functional shirts, caps and other merchandise of the Mainova Frankfurt Marathon.

Marathon

Sunday, October 29th 2017 The field will be organized into two separate waves:

1st wave: 10am 2nd wave 10:10am Start: Friedrich-Ebert-Anlage Finish: Festhalle, Trade Fair (Messe Frankfurt)

Sunday, October 29th 2017 10:35am Start: Friedrich-Ebert-Anlage Finish: Festhalle, Trade Fair (Messe Frankfurt)

Pretzel Run - Breakfast Run

powered by interAir (5 km) Saturday, October 28th 2017 10am Start and Finish: Trade Fair (Messe Frankfurt), City Entrance (Eingang City)

Fattoria La Vialla – Toscana Pasta Party

Saturday, October 28th 2017 1:30pm to 7pm Show programme starting at 2pm Festhalle, Trade Fair (Messe Frankfurt)

Schneider Electric Mini-Marathon (4,2 km)

Sunday, October 29th 2017 Start: Ludwig-Erhard-Anlage Finish: original "marathon finish" in the Festhalle For children and youth born between 2001 and 2009.

Shock-headed Peter Run powered by Schneider Electric (420 m)

Saturday, October 28th 2017 11:30am Start: at the "Forum", Trade Fair (Messe Frankfurt) Finish: original "marathon finish" in the Festhalle For children born between 2008 and 2012.

Church service

Saturday, October 28th 2017 6pm Festhalle, Trade Fair (Messe Frankfurt), Blue saloon (Blauer Saal)























































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Pasics.

This picture is only a dummy and does not represent your registered dates.

Please note the vouchers which are placed on the right side of your race number and can be redeemed at the event weekend!

The following vouchers are placed on every race number:

- → Only on the race number of the first runner (A): voucher for four googie bags filled with high-quality products of your sponsors and partners
- → Voucher for one meal of pasta at the Fattoria La Vialla Toscana Pasta Party
- → Voucher for three different drinks at the Fattoria La Vialla Toscana Pasta Party
- → If you ordered ASICS Eventline-Shirts in line with your registration, you will find the corresponding voucher here. If you did not order ASICS Eventline-Shirts in line with your registration, further information concerning our merchandising booth at the Marathonmall can be found here.

Coupon 2017

4x StarterbeutelStaffel/goodie bag relay

Coupon 2017

Nudelgericht/pasta dish

Fattoria La Vialla – Toscana Pasta Party 28.10.2017, 13:30 -19:00 Uhr Fostballa

Coupon 2017

Rosbacher softdrink

Fattoria La Vialla – Toscana Pasta Party (bitte 0,50 € Pfand bereithalten) (please provide 0,50 € deposit)

Coupon 2017

bizzl softdrink

Fattoria La Vialla – Toscana Pasta Party (bitte 0,50 € Pfand bereithalten) (please provide 0.50 € deposit)

Coupon 2017

Krombacher 0,0%/Radler alkoholfrei/Weizen alkoholfrei/ Weizen-Zitrone alkoholfrei Fattoria La Vialla – Toscana Pasta Party

Coupon 2017

ASICS Merchandising Marathonmall, Halle 1, level 2

27.10.2017 12:00-19:00 Uhr 28.10.2017 10:00-19:00 Uhr 29.10.2017 07:00-17:00 Uhr

TS1



ASICS Eventline-Shirts





Important information for relay runners

October 29th 2017

Dear relay team,

We are happy to welcome you at the relay marathon. Below you will find some useful information about the relay marathon. Please take some time to read it carefully. At the Mainova Frankfurt Marathon the international competition rules (IWR) of the IAAF respectively the German Athletic Federation (DLV) apply:

http://www.leichtathletik.de/fileadmin/user_upload/12_ Service/Wettkampforganisation/01_Bestimmungen_Satzung_Vordrucke/Wettkampfbestimmungen/IWR_2014.pdf

Marathon Centre Traid Fair

(Messe Frankfurt) Ludwig-Erhard-Anlage 1, 60327 Frankfurt Entrance City (Underground & Bus) Entrance Torhaus (S-Bahn)

Entrance South (Südseite) Festhalle in the Brüsseler Straße Doorways and Faire Halls are related with the pathway "Via Mobile"

How to get there

By public transport

For a better approach please use the informations provided by the RMV (www.rmv.de) S-Bahn: S3, S4, S5, S6; stop at Messe Underground (U-Bahn): U4; stop at Festhalle/Messe Bus: 50; stop at Festhalle/Messe You can use the registration confirmation and the race number as the RMV-Ticket at Octobre 29th.

On October 29th and 29th you can use all parking decks around the Messe Frankfurt (Messeturm, Skyline Plaza, surrounding hotels - attention: the Rebstock multi-storey car park is closed on Fridays and Saturdays).

Please check the plan 'How to get there'.

On October 27th and 28th you can use all parking decks around the Messe Frankfurt (Messeturm, Skyline Plaza, surrounding hotels - attention: the Rebstock multistorey car park is closed on Fridays and Saturdays). Please check the plan 'How to get there'.

On October 29th 2017, all roads in the expo-area will be closed by 7am. Please take the following way to the Messe Frankfurt: Follow the signs 'Messe Frankfurt' and leave the Autobahn A5 at the exit 'Westkreuz Frankfurt' to Autobahn A648, leave at the exit 'ADAC/Rebstock'. Please follow the signs to the parking (Messe-Parkhaus, address for navigation systems: Rebstock multi-storey car park: Zum Messeparkhaus Rebstock, 60486 Frankfurt am Main, Sunday daily ticket for 12 €). We offer a free shuttle service from the Rebstock multi-storey car park to the Trade Fair grounds. You can place your camper at the Rebstockgelände, Block L ("Park and Sleep"). Please check the plan 'How to get there'.

GreenMobility

Compare your different opportunities getting to the Mainova Frankfurt Marathon via GreenMobility.de. Calculate the Co2-emmissions of your journey and neutra-

Process of the relay marathon

Start time: Sunday, October 30th 2016, 10:35am

Distances

1st runner: 12.9km - 1. Transition: Kurt-Schumacher-Straße (railway station Zeil, Konstablerwache)

2nd runner: 6.1km - 2. Transition: Goldsteinstraße/ Lyoner Straße (railway station Niederrad)

3rd runner: 9.5km - 3. Transition: Oeserstraße/Kerbeplatz (railway station Nied)

4th runner:13.5km - finish in the Festhalle, Trade Fair (Messe Frankfurt)

Please check the "course map"

The first runner starts with a ChampionChip, which as baton will be given to the next runners at each transition point. Further information can be found under "Timing". The first runner will start at 10:35am at the Friedrich-Ebert-Anlage. Please come to the start in time at 10:20am in order to avoid unnecessary hectic and excitement. Only participants of the relay marathon are allowed to enter the start area.

How to get to the transition areas and back to the start by public transport

The transition areas can be reached easily by public transportation. We recommend all relay runners to use public transportation instead of trying to organize an individual shuttle service. Public transport can be used for free; the race number serves as ticket in the whole territory of the RMV (local linked transport system).

1st transition area: From the start area (Stop Festhalle/ Messe) take the underground 4 to Bahnhof Zeil/Konstablerwache and the other way around to go back.

2nd transition area: From the start area (Stop Festhalle/ Messe) take the underground 4 to Hauptbahnhof (central station), change to S7, S8, or S9 and get out at Bahnhof Niederrad and the other way around to go back. 3rd transition area: From the start area (Stop Festhalle/

Messe) take the underground 4 to Hauptbahnhof (central station), change to S1 or S2 and get out at Bahnhof Nied and the other way around to go back.

Transition areas

The line-up in each transition area is according to your race number. There will be refreshments for the runners, who finish there part of the relay.

Transport of Clothes

As every team has a particular speed, it is not possible to organize a clothes check-in in each transition area. Hence the team itself is responsible to organize this. We suggest that the first runner checks his/her clothes from before the race in at the 'official' check in at the expo in hall 1, level 1. He/She gives the clothes to wear after the race to he second runner who will hand those over before he/she starts running. The second runner will give his/her clothes from before the race to the first runner who will take them back to the expo grounds.

We suggest that you all use this practice. The fourth runner should check in the clothes for after the race at hall

Race number

Only athletes wearing the race number of the relay marathon 2017 are allowed to participate in the race. It is not possible to transfer your race number to any other person. It has to be attached to the shirt-front. No race number belt allowed (s. IWB-Rule 18.17 et seg., a detailed explanation can be found in the FAQ area on our website). It is not allowed to change the race number in any way or to fold it. This would lead to a disqualification. Athletes wearing no race number will be disqualified, too.

There are mobile toilets at the start and finish area. Please also use the lavatories on the Trade Fair grounds. Please check the plan "start/ finish area.

The race is scored using the ChampionChip system. **Further information:**

Mika Timing GmbH (www.mikatiming.de) Fon: +49 (0) 2202 2401113

E-mail: championchip@mikatiming.de

The chip is fastened with a strap at the ankle and passed from first to fourth runner. You get your strap when picking up your race number. We can only assess your time when you cross the mats lying at the start, along the course and at the finish. Who does not have these times will be disqualified. Additionally a video surveillance system is installed along the course. Please wear your race number during the whole race well viewable on your chest.In any case first of all you have to pick up your race numbers in hall 1 level 2 simultaneously you will receive your rented Chip or get your own chip checked.

RENT: You have paid 6 € rental additional to the starting fee and therefore registered for a rental chip. When picking up your start number you also receive your rental chip. Please render the chip undamaged on October 30th 2016 until 5pm after the race at the chip return which is located in the race number pick up area in hall 1 level 2. If you decide to keep the chip, it is said to be bought and 25 € will be invoiced after the event.

BUY: You have paid 31 € additional to the starting fee and therefore bought a chip that we already sent to you. Please bring the chip to the race and fix it with the strap at your ankle. When picking up your race numbers please get your own chip checked to see if it is working properly. You cannot return the chip after the event.

CHIPOWNER: If you own a Chip, please bring it along at the event day. When picking up your race numbers, please get a final check of your Chip data.

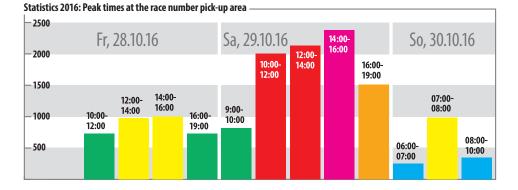
If you didn't name your Chip number when registering, please notify the Chip number (letter-figure combination) to us before the race via email at registration@frankfurt-marathon.com.

FORGOTTEN your chip: If you forgot to bring your Chip along, please first go to the 'help desk'. There you will receive your race numbers and a blue Chip for a rent of 6,00 €. Please render the Chip undamaged on October 30th 2016 after the race between 1pm and 5pm at the Chip return, which is located at the race number pick up area in hall 1, level 2. You are not allowed to keep the blue Chip, since it is not up for sale and can't be used at other running events.

Please note: No chip - no timing!!

Change of relay team

Any changes of your relay team can be realized for free via e-mail to registration@frankfurt-marathon.com or through your user account until October 22nd 2017. This applies for the order of your relay team as well as for the replacement of members. After October 22rd 2017 any change of registration is only possible on location at help desk in the race number pick up area.





































Water stations

The stations at 5km and 10km are lined up on both sides; all other stations are one-sided only! Every 5km the order at each water station is as following: clock, medical aid, own nutrition, Rosbacher mineral water Naturell, isotonic drinks by Rosbacher, tea, litter bins. Starting at 15km, we additionally offer organic bananas. At 20km, 25km, 30km and 35km xenofit Carbohydrate Gels are offered. At 30km, 35km and 40 km bizzl Cola is offered. Refreshments (Rosbacher mineral water Naturell and troughs with water) can also be found at 12.5km, 17.5km, 22.5km, 27.5km, 32.5 and 37.5km.

Lavatories along the course

You will find two toilets at 5km and 10km, afterwards every 2.5 kilometres after the water or refreshment stations. There are also toilets in the transition areas.

Medical aid, free shuttle buses, behaviour on the course If you need medical aid, we recommend to run or walk to the next water station where you will find a medical aid station. If you decide to quit the race, you can either take the bus at the end of the field, or public transport which you can use for free with your race number. Besides there are shuttle buses to the Trade Fair grounds at 20.8/25.7/30.8km.It is not allowed to be accompanied by any means of transportation (bikes, cars, motorbikes) or to use rollerskates, inline skates, skateboards or any other similar means. It is not allowed to bring animals on the course.

Time limit

You will find the finish in the 'Festhalle'. The finish is opened until 4:15pm which means that the time limit is 6 hrs (net). This corresponds to an average speed of 8:30 minutes per kilometer. Relay teams whose fourth runner finishes later than this will not have any official time.

Finish area

The fourth runner will run through the east gate into the 'Festhalle' and will reach the finish line after 60m. There are stands for a total of 7,000 persons (5,000 seats and 2,000 standing rooms). Please note that it is not permitted that all four runners run in the Festhalle. Only the fourth runner is allowed to be on the last part of the track. When crossing the finish line and running over the mats, your time is registered. Please try to move quickly forward towards the so called 'Forum'.

That is new:

Water stations at the finish area

This year we have a special finisher catering for relay teams. After passing the "Forum" throug a Generali Blow-Up you reach the open area "Agora" where the fourth runner receives the four medals for the whole relay team, a heat poncho and a foodbag for your team. It is not possible to go back to the finish line from the water station. Only participants are allowed to enter this area. Runners A,B and C oft he relay team can meet up at the meeting-point for family and friends. They can also visit the Kromacher Station at the Marathonmall where you have the chance to drink some oft he Krombacher products. Please agree a meeting-point with your family and/or friends somewhere outside this area. Please check the plan 'start/ finish area.

Baggage disposal, 1st/4th runner, Showers, Massage, Swimming

Please retrieve your baggage in hall 1, level 1 until 5pm. You need to show your race number to get it. Besides you can also use the massage service between 12 noon and 5pm in hall 1, level 1 after showering. You will find the changing rooms and showers in hall 1, basement. You can also use the showers at the swimming-pool 'Rebstockbad' till 8pm. Just show your race number at the entry.

Meeting-point

After the race you can meet your friends and family members, who understandingly do not have access to the locked areas, at the following two meeting-points: hall 1, level 2, or "P1" (area on the expo grounds between Festhalle and hall 1). Please check the plan "start/finish

Certificate

Your preliminary certificate is available from around 30 minutes after the race through the results on our website. The official certificate (PDF file) can be activated, downloaded and printed from November 6th also via the results on our website.

Medal engraving

You can have your personal finisher's medal engraved with your relay team name and overall time, on Sunday, October 30th 2016, 12 noon to 5pm, hall 1, level 2 (registration venue). If you have not ordered it in line with your registration, note that you have to pay 9 €.

Results

A list of all results of the Mainova Frankfurt Marathon can be found in hall 1, level 2. Objections can be made until November 5th 2017. You can find the results of the Mainova Frankfurt Marathon on our website: frankfurtmarathon.com. Here we will also provide a result brochure as a PDF file at the end of November.

Lost property

Lost property can be submitted and picked up at the 'info point' in hall 1, level 2. After the event you can get information about lost & found property as from November 1st from the organizer: +49 (0)69 3 70 04 68-0, mail@frankfurt-marathon.com

Our service for you

The following services are included in the registration

- Race number and safety pins
- Goodie bag filled with high-quality products of our sponsors and partners
- Coupon booklet with numerous vouchers of Frankfurt's facilities and our partners
- Race number as ticket for public transport on October 29th 2017 (RMV-region)
- Pocket course map
- Free participation at the Pretzel Run powered by interAir
- Sport-Expo Marathonmall
- Programme brochure
- Voucher for the Fattoria La Vialla Toscana Pasta Party (pasta and three drinks)
- Bag for clothes disposal in hall 1, level 1
- Sport nutrition along the course
- Heat poncho
- Foodbag
- Finisher medal
- Certificate (PDF fi le via online results)
- Showers in hall 1, basement
- Massage service in hall 1, level 1
- Free entry to "Rebstockbad" (swimming-pool): swimming, changing room, showers
- Results brochure as a PDF file on our website
- And last but not least: The organisation of the whole event!









































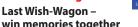
Checklist for the race day

Before the start:

- pick up your race number
- pick up your rental chip or get your own chip checked, check the "Instructions on fastening of the ChampionChip"
- pick up your booked ASICS Eventline-Shirt
- pick up your goodie bag
- note your personal data on the backside of your race number for emergancy cases
- attache your race number to the shirt-front and your back number "Staffel" to the shirt-back
- stow clothes for before and after the race and organize the transport
- render valuables and other luggage at the
- wardrobe (4 €)
- use the lavatories on the Trade Fair grounds - go to the start area

- After the finish: - get your medal and heat poncho
- pick up your foodbay
- meet the team, friends and family at "P1"
- is necessary pick up your clothing bag
- render your rental chip
- get your medal engraved (9 €)
- shower
- use the massage service
- use your race number as ticket for public transport
- print your certificate via the results on our website

Charity Project ASB Wish-Wagon:





foreground. And these sickest of these people are not able to do this by themselves, to see one of their loved one's one more time, or to do something that is long overdue. That is exactly what the ASB iin the state of Hessen does with its action the "Wish-Wagon", to support and help together, the sickest person and their relatives, to remember the best memories possible. The "Wish-Wagon" prospers from volunteers and its financed and support only through donations. So that the "Wish-Wagon" for everyone is available, the ride remains always free. Any type of support is welcome and there is the chance for you to support with a donation during your run, when running over the

More information you can find under www.asb-hessen.de/marathon.

Many volunteer hands, with one goal: Our duty is with the "Wish-wagon"

More information

Pretzel run – Breakfast run powered by interAir (5 km)

You are invited to join the Pretzel Run, Saturday, October 28th 2017, 10am. It starts and finishes at the Messe Frankfurt, city entrance (Eingang City). Drinks, original Frankfurt pretzels and medals will be offered at the finish..

Sporting goods fair Marathonmall

The Marathonmall is the official information and sales expo of the Mainova Frankfurt Marathon. Sporting goods manufacturers, sport department stores and various suppliers present themselves and offer goods for running and fitness. Besides, marathon organisers from Germany and Europe inform about their events.

Trade Fair (Messe Frankfurt), hall 1, level 2 Friday, October 27th 2017 12 noon to 7pm Saturday, October 28th 2017 10am to 7pm Sunday, October 29th 2017 7am to 5pm www.marathonmall.de

Fattoria La Vialla – Toscana Pasta Party

The traditional Pasta Party takes place in the 'Festhalle'. Please bring the voucher which is attached to your race number with you and you will get a free meal of pasta (with several sauces) including drinks from our sponsor Rosbacher and beers by Krombacher-Brewery. There will also be a show and entertainment programme (2pm to

Mainova Frankfurt Marathon on TV

Our media partner is the HR television (hr-fernsehen). The live-broadcast will be fixed near term. So please inform yourself a short time before the race-weekend.

Live-Ticker

Current information about the race course can be found on our website: frankfurt-marathon.com on October 29th 2017. Follow the race via our online LiveStream service all over the world. Follow the race of your personal favorites, friends and family members.

Like and share









We are glad, if you share your impressions of the Mainova Frankfurt Marathon, your preparation, your journey or the whole framework programme on the social media plattforms you like the most. Please use the following Hashtags for 2016: #thisisyourday #frankfurtmarathon #mainovafrankfurtmarathon

Environment protection

The world running organisation the Association of International Marathons and Distance Races (AIMS), declared the Mainova Frankfurt Marathon as the 2014 winner of the AIMS Green Award. Our goal is to organise the most environmentally friendly major event with model character. We attribute great importance to sustainability in the fields of energy consumption, waste disposal, merchandsing, catering as well as traffic and mobility. Please support our efforts to make the Mainova Frankfurt Marathon greener every year when planning your trip to Frankfurt and behaving as a participant of the Mainova Frankfurt Marathon 2017. Avoid unnecessary waste, dispose of your waste properly, use your race number as ticket for free public transport, use the free shuttle service from the Rebstock multi-storey car park to the Trade Fair grounds or form a carpool to minimise your individual CO2 footprint – thank you for your support.

Red Cross emergency

In case of an emergency please render first aid to people in need. The Red Cross emergency is placed along the course and Trade faire. Medical help can also be contacted by phone on +49 69 71919192 or the emergency number 112.

Note: All information is based on the organisation status in September 2017, subject to modifications.

ASICS Eventline-Shirts

Order until October 8th 2017 ASICS Eventline-Shirts short- or long-sleeved for an early bird price of 28 € respectively 40 €. Therefore please send us an email with your order and a corresponding direct debit authorisation to registration@ frankfurt-marathon.com. The shirts can also be purchased at the merchandising booth an the Marathonmall, which is located next tot he ASICS booth

ASICS Eventline-Shirt short-sleeved women/men: 30 € ASICS Eventline-Shirt long-sleeved women/men: 42 €

Climate and Environmental Mile at the Opernplatz

October 29th 2017, 10 am to 4 pm, Old Opera (Alte Oper Frankfurt)

Several times the course will lead along the Opernplatz. Just one reason for a special framework programm for family and friends organized by the "Umweltforum Rhein-Main e.V." at this place. In addition to that other partners will take part with kids-programm, information booth or catering.

Save the date!

The Mainova Frankfurt Marathon 2018 will take place on October 28th. Online registration for next year begins on october 29th 2017 at 12 am!



Important information concerning the fixing of the ChampionChip:

In order to guarantee smooth time measurement, we ask you to fix the chip properly (as shown in

- Fix the chip at your ankle by using the strap which is attached to your race number envelope.
- Don't use anything else but the strap to fix the chip at your ankle
- The chip incl. strap will be passed on from the 1st to the 4th runner

